



HIKE  
VOLCANOES

HELP  
KIDS



## Who Are We?

For over 13 years, **Quetzaltrekkers** has been an all-volunteer trekking organization, offering exciting and challenging excursions throughout the spectacular highlands of Guatemala.

**Quetzaltrekkers** was created as the fundraising branch of Escuela de la Calle (EDELAC), an organization based in Xela that provides important educational, social and medical programs for Xela's children in need.

By choosing Quetzaltrekkers, you provide the children of **EDELAC** with an opportunity to learn and grow in a supportive environment. In turn, we cover all the logistics, providing you with food, equipment, transportation and experienced, multilingual guides for all trips. This allows you to savor and witness the beauty of Guatemala's mystical highlands while supporting Xela's children.

**Drop by our office!**

volunteer opportunities | travel advice  
gear rentals | fair-trade shop | book exchange

## Escuela de la Calle

Guadalupe Pos and Miguel Quiroa, two native and progressive Guatemalan teachers, founded **Escuela de la Calle (EDELAC)** in 1995. **EDELAC** provides preventative and rehabilitative programs for children in need including health services, education and housing.

The **EDELAC** school is based in the disadvantaged Xela neighborhood of Las Rosas. It provides education, nutrition, social and health services, and other basic services to children who are at risk of turning to life in the streets.

The rehabilitative aspect of the **EDELAC** program is based in a centrally-located dormitory. The dorm offers a safe, abuse-free environment for children. These children either lack families capable of providing the same quality of care, or have families living outside of a district in which basic education is available. The dorm provides mandatory educational programs that foster social development and behavioral skills.

**EDELAC** also provides support to numerous children who have been placed in foster homes. These children have been given a second chance to experience a caring and nurturing family environment. **EDELAC** strives to make sure these children leave the destructive environment of the streets behind.

In addition to its educational and social programs, **EDELAC** and Quetzaltrekkers support Primeros Pasos, a medical clinic located on the outskirts of Xela which provides vital health care and educational programs to the local community as well as schools and organizations in Xela.

For more information visit:

[www.escueladelacalle.org](http://www.escueladelacalle.org)

[www.primerospasos.org](http://www.primerospasos.org)

**October-November**



Guatemala's only  
**non-profit, all-volunteer**  
trekking organization.

All profit goes to Escuela de la Calle, the Hogar Abierto dormitory, and the medical clinic Primeros Pasos; all supporting children in need.

**Casa Argentina**

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# October

# November

SUN	MON	TUES	Wed	Thurs	Fri	Sat
				1	2	3 LA & TJ
4 ○	5	6 Nebaj	7 Santa Maria!	8	9	10 LA & TJ
11 ●	12	13	14 FG/PZ	15	16	17 LA&TJ
18 ●	19	20 Nebaj	21 FG/PZ	22	23	24 LA & TJ
25 ●	26	27	28 FG/PZ	29 Benefit Party!!	30	31 LA & TJ

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15	16	17 ●	18 FG/PZ	19	20	21 LA&TJ
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29	30		FG/PZ			LA & TJ



## Volcán Tajumulco

*The highest point in Central America!*

**Minimum donation: Q400**

**Day 1** – Travel to the base of the volcano and ascend to camp located at 4015m, just 207 m from the summit. Enjoy a beautiful sunset before dinner.

**Day 2** – Rise early and climb to the summit (4222 m) to watch sunrise over the highlands, the Pacific coast and Chiapas. Return to camp for breakfast and descend for the return to Xela.

## Xela to Lake Atitlan

*A unique chance to see highland culture.*

**Minimum donation: Q600**

**Bag Drop: Q90**

**Day 1** – Hike up a beautiful forested valley to open alpine grasslands, then pass through cloud forests, cornfields and indigenous villages on the way to Santa Catarina Ixtahuacan.

**Day 2** – Eat breakfast at a local comedor before descending to the Nahualate River for some relaxation. Ascend out of the valley, through another village and follow the ridge down to the next riverbed. After several river crossings in the cloud forest, head out to Santa Clara La Laguna to stay with a local family.

**Day 3** – Rise early for a spectacular sunrise over the lake. After a hearty breakfast, a quick climb brings us up to the sacred peak of La Nariz. From there descend to the lake for a swim. The trek finishes with lunch in a women's cooperative in San Juan. For those staying at the lake a bag drop is available or we will provide transportation back to Xela.



TJ – Tajumulco | FG– Fuentes Georginas  
LA – Xela to Lake Atitlán | Nebaj – Nebaj to Todos Santos  
SM – Santa Maria | PZ – Pico Zunil  
Ask us about treks on demand!



## Santa Maria (Full Moon Hike)

*Ascend in full moon-light in time for sunrise.*

**Minimum Donation: Q150**

Meet at 11pm for hot soup before taking a pick-up to the trailhead. Ascend under the light of a full moon and arrive at the summit (3772m) in time to watch a beautiful sunrise over Guatemala's volcanic chain and a great view of the active volcano Santiaguito.

## Fuentes Georginas

*Experience four alpine ecosystems and the Fuentes Georginas natural hot springs!*

**Minimum donation: Q225**



An unforgettable and challenging 1-day hike. First, climb to an elevation of 3100m through the cloud forest of Cantel to enjoy views of Xela, Lake Atitlan, and the Antigua volcanoes. Then, hike past the Siete Cruces to arrive at the summit of Pico Zunil. After relaxing on the summit and gazing upon the Pacific Slope and Volcanoes Santo Tomas and Santa Maria, hike down a steep path through jungles and bamboo forests. Finish the day soaking in the natural hot springs of Fuentes.



## Nebaj to Todos Santos

*Get off the beaten track in the Cuchumatanes.*

**Minimum donation: Q1100**

This spectacular 6-day trip covers ever changing scenery, passes through three different language zones and some of Guatemala's most remote highland villages. Spend the first night in the town of Nebaj, a village subjected to some of the worst atrocities of the civil war. Then spend 4 days hiking through mountain villages and river valleys, staying with local families and learning about local culture. Enjoy the pleasure of a traditional temascal (steam sauna), visit a cheese farm, swim in a river and ascend to La Torre - the highest non-volcanic point in Central America at 3837m. Then descend to the culturally and geographically fascinating town of Todos Santos, set in the foothills of the Cuchumatanes.

## Rock Climbing

**Minimum donation: Q200**

Rock climb the bizarre landscape of La Muela, a sacred lava field in the area of Xela. Available during the week, on demand.



## Pico Zunil

*The 2-day version of our Fuentes Georginas hike!*

**Minimum Donation: Q380**

The 2-day version of our Fuentes Georginas hike, with amazing sunset and sunrise views from Pico Zunil. The second day we enjoy lunch and a soak at the Fuentes Georginas.